

Workshop Dates for:

Medicine Ball Training

Venue	Workshop Date
<b>Nottingham</b>	<b>Thursday 19<sup>th</sup> March 2009</b>
Dartford	Tuesday 7 <sup>th</sup> April 2009
<b>London</b>	<b>Tuesday 14<sup>th</sup> April 2009</b>
Bristol	Friday 24 <sup>th</sup> April 2009
<b>Wiltshire</b>	<b>Thursday 30<sup>th</sup> April 2009</b>
Oxford	Wednesday 6 <sup>th</sup> May 2009
<b>Liverpool</b>	<b>Monday 18<sup>th</sup> May 2009</b>
Windsor	Tuesday 19 <sup>th</sup> May 2009
<b>Crawley</b>	<b>Thursday 21<sup>st</sup> May 2009</b>
Bournemouth	Friday 22 <sup>nd</sup> May 2009
<b>Dudley</b>	<b>Thursday 4<sup>th</sup> June 2009</b>
Dartford	Friday 26 <sup>th</sup> June 2009
<b>Bristol</b>	<b>Friday 10<sup>th</sup> July 2009</b>
Wiltshire	Monday 27 <sup>th</sup> July 2009
<b>Liverpool</b>	<b>Monday 3<sup>rd</sup> August 2009</b>
London	Monday 3 <sup>rd</sup> August 2009
<b>Crawley</b>	<b>Thursday 6<sup>th</sup> August 2009</b>
Windsor	Thursday 6 <sup>th</sup> August 2009
<b>Newcastle</b>	<b>Friday 4<sup>th</sup> September 2009</b>
Wiltshire	Thursday 3 <sup>rd</sup> September 2009
<b>Guildford</b>	<b>Friday 4<sup>th</sup> September 2009</b>
Leeds	Monday 21 <sup>st</sup> September 2009
<b>Bristol</b>	<b>Thursday 24<sup>th</sup> September 2009</b>
London	Monday 30 <sup>th</sup> November 2009

**Please be advised:**

If after enrolment you are unable to attend your workshop, you will be liable to a £75 admin fee in order to re-book as per our terms and conditions. Re-booking in subject to availability.

We recommend that you enrol onto a workshop at least two weeks before in order to take full advantage of the extensive online materials provided to help you prepare.

All course information & dates within this sheet(s) are subject to change under Premier Training International's Terms and Conditions on the enrolment form.