

Medicine Ball Training Workshop Dates 2010-2011

Venue	Workshop Date
Dartford	Wednesday 1 st September 2010
Birmingham	Thursday 9th September 2010
Wiltshire	Thursday 23 rd September 2010
London	Friday 8th October 2010
Wiltshire	Thursday 4 th November 2010
Crawley	Friday 5th November 2010
Windsor	Tuesday 9 th November 2010
Wiltshire	Thursday 16th December 2010
Dartford	Friday 19 th November 2010
Liverpool	Tuesday 23rd November 2010
Cambridge	Thursday 6 th January 2011
London	Wednesday 12th January 2011
Guildford	Friday 25 th February 2011
Windsor	Tuesday 22nd March 2011
Crawley	Wednesday 23 rd March 2011
Wiltshire	Thursday 31st March 2011
Birmingham	Thursday 7 th April 2011
Dartford	Thursday 14th April 2011
London	Tuesday 3 rd May 2011
Crawley	Tuesday 17th May 2011
Windsor	Tuesday 17 th May 2011
Wiltshire	Thursday 26th May 2011
Birmingham	Wednesday 1 st June 2011
Milton Keynes	Friday 3rd June 2011
Manchester	Wednesday 8 th June 2011
Bristol	Tuesday 14th June 2011
Dartford	Wednesday 15 th June 2011
Birmingham	Thursday 16th June 2011
Wiltshire	Friday 22 nd July 2011
Cambridge	Tuesday 9th August 2011
Bristol	Wednesday 10 th August 2011
London	Friday 26th August 2011
Wiltshire	Friday 16 th September 2011

Please be advised:

If after enrolment you are unable to attend your workshop, you will be liable to a £99 admin fee in order to re-book as per our terms and conditions. Re-booking in subject to availability.

We recommend that you enrol onto a workshop at least two weeks before in order to take full advantage of the extensive online materials provided to help you prepare.

All course information & dates within this sheet(s) are subject to change under Premier Training International's Terms and Conditions on the enrolment form.

