

Workshop Dates for:

Diploma in Personal Training (Blended Learning Weekend)
 2009-2010

| Venue | Start Date | Workshop Dates |
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| Newcastle | Monday 24 th August 2009 | Certificate in Gym Instruction Weekend 1: Sat 19 th – Sun 20 th September 2009 Weekend 2: Sat 17 th – Sun 18 th October 2009 Weekend 3: Sat 14 th – Sun 15 th November 2009 |
| | Monday 16 th November 2009 | Certificate in Advanced Personal Training Weekend 1: Sat 30 th – Sun 31 st January 2010 Weekend 2: Sat 13 th – Sun 14 th March 2010 Weekend 3: Sat 10 th – Sun 11 th April 2010 Weekend 4: Sat 1 st – Sun 2 nd May 2010 Weekend 5: Sat 5 th – Sun 6 th June 2010 |
| Nottingham | Monday 7 th September 2009 | Certificate in Gym Instruction Weekend 1: Sat 3 rd – Sun 4 th October 2009 Weekend 2: Sat 31 st October – Sun 1 st November 09 Weekend 3: Sat 28 th – Sun 29 th November 2009 |
| | Monday 14 th December 2009 | Certificate in Advanced Personal Training Weekend 1: Sat 23 rd – Sun 24 th January 2010 Weekend 2: Sat 13 th – Sun 14 th February 2010 Weekend 3: Sat 20 th – Sun 21 st March 2010 Weekend 4: Sat 10 th – Sun 11 th April 2010 Weekend 5: Sat 1 st – Sun 2 nd May 2010 |
| London | Monday 14 th September 2009 | Certificate in Gym Instruction Weekend 1: Sat 10 th – Sun 11 th October 2009 Weekend 2: Sat 31 st October – Sun 1 st November 2009 Weekend 3: Sat 28 th – Sun 29 th November 2009 |
| | Monday 4 th January 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 30 th – Sun 31 st Jan 2010 Weekend 2: Sat 20 th – Sun 21 st Feb 2010 Weekend 3: Sat 27 th – Sun 28 th Mar 2010 Weekend 4: Sat 24 th – Sun 25 th Apr 2010 Weekend 5: Sat 15 th – Sun 16 th May 2010 |
| Birmingham | Monday 14 th September | Certificate in Gym Instruction Weekend 1: Sat 10 th – Sun 11 th October 2009 Weekend 2: Sat 21 st – Sun 22 nd November 2009 Weekend 3: Sat 19 th – Sun 20 th December 2009 |
| | Monday 28 th December 2009 | Certificate in Advanced Personal Training Weekend 1: Sat 23 rd – Sun 24 th January 2010 Weekend 2: Sat 27 th – Sun 28 th February 2010 Weekend 3: Sat 27 th – Sun 28 th March 2010 Weekend 4: Sat 24 th – Sun 25 th April 2010 Weekend 5: Sat 22 nd – Sun 23 rd May 2010 |
| Liverpool | Monday 14 th September | Certificate in Gym Instruction Weekend 1: Sat 10 th – Sun 11 th October 2009 Weekend 2: Sat 7 th – Sun 8 th November 2009 Weekend 3: Sat 12 th – Sun 13 th December 2009 |
| | Monday 14 th December 2009 | Certificate in Advanced Personal Training Weekend 1: Sat 9 th – Sun 10 th January 2010 Weekend 2: Sat 30 th – Sun 31 st January 2010 Weekend 3: Sat 20 th – Sun 21 st February 2010 Weekend 4: Sat 13 th – Sun 14 th March 2010 Weekend 5: Sat 3 rd – Sun 4 th April 2010 |

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| Milton Keynes | Monday 5 th October 2009 | Certificate in Gym Instruction Weekend 1: Sat 31 st October – Sun 1 st November 2009 Weekend 2: Sat 28 th – Sun 29 th November 2009 Weekend 3: Sat 9 th – Sun 10 th January 2010 |
| | Monday 11 th January 2009 | Certificate in Advanced Personal Training Weekend 1: Sat 6 th – Sun 7 th February 2010 Weekend 2: Sat 6 th – Sun 7 th March 2010 Weekend 3: Sat 3 rd – Sun 4 th April 2010 Weekend 4: Sat 1 st – Sun 2 nd May 2010 Weekend 5: Sat 29 th – Sun 30 th May 2010 |
| Leeds | Monday 12 th October 2009 | Certificate in Gym Instruction Weekend 1: Sat 7 th – Sun 8 th November 2009 Weekend 2: Sat 5 th – Sun 6 th December 2009 Weekend 3: Sat 9 th – Sun 10 th January 2010 |
| | Monday 11 th January 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 6 th – Sun 7 th February 2010 Weekend 2: Sat 13 th – Sun 14 th Mar 2010 Weekend 3: Sat 10 th – Sun 11 th April 2010 Weekend 4: Sat 8 th – Sun 9 th May 2010 Weekend 5: Sat 12 th – Sun 13 th June 2010 |
| Newcastle | Monday 14 th December 2009 | Certificate in Gym Instruction Weekend 1: Sat 16 th – Sun 17 th January 2010 Weekend 2: Sat 6 th – Sun 7 th February 2010 Weekend 3: Sat 20 th – Sun 21 st March 2010 |
| | Monday 29 th March 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 24 th – Sun 25 th April 2010 Weekend 2: Sat 29 th – Sun 30 th May 2010 Weekend 3: Sat 26 th – Sun 27 th June 2010 Weekend 4: Sat 17 th – Sun 18 th July 2010 Weekend 5: Sat 14 th – Sun 15 th August 2010 |
| Bristol | Monday 11 th January 2010 | Certificate in Gym Instruction Weekend 1: Sat 6 th – Sun 7 th February 2010 Weekend 2: Sat 6 th – Sun 7 th March 2010 Weekend 3: Sat 3 rd – Sun 4 th April 2010 |
| | Monday 5 th April 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 1 st – Sun 2 nd May 2010 Weekend 2: Sat 29 th – Sun 30 th May 2010 Weekend 3: Sat 26 th – Sun 27 th June 2010 Weekend 4: Sat 24 th – Sun 25 th July 2010 Weekend 5: Sat 21 st – Sun 22 nd August 2010 |
| Edinburgh | Friday 29 th January 2010 | Certificate in Gym Instruction Weekend 1: Friday 26 th – Sunday 28 th February 2010 Weekend 2: Friday 16 th – Sunday 18 th April 2010 |
| | Monday 19 th April 2010 | Certificate in Advanced Personal Training Weekend 1: Friday 14 th – Sunday 16 th May 2010 Weekend 2: Friday 18 th – Sunday 20 th June 2010 Weekend 3: Thursday 22 nd – Sunday 25 th July 2010 |
| Eastleigh | Monday 15 th February 2010 | Certificate in Gym Instruction Weekend 1: Sat 20 th – Sun 21 st March 2010 Weekend 2: Sat 17 th – Sun 18 th April 2010 Weekend 3: Sat 15 th – Sun 16 th May 2010 |
| | Monday 17 th May 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 19 th – Sun 20 th June 2010 Weekend 2: Sat 17 th – Sun 18 th July 2010 Weekend 3: Sat 14 th – Sun 15 th August 2010 Weekend 4: Sat 11 th – Sun 12 th September 2010 Weekend 5: Sat 16 th – Sun 17 th October 2010 |
| Liverpool | Monday 22 nd February 2010 | Certificate in Gym Instruction Weekend 1: Sat 20 th – Sun 21 st March 2010 Weekend 2: Sat 10 th – Sun 11 th April 2010 Weekend 3: Sat 8 th – Sun 9 th May 2010 |
| | Monday 10 th May 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 5 th – Sun 6 th June 2010 Weekend 2: Sat 26 th – Sun 27 th June 2010 |

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| | | Weekend 3: Sat 17 th – Sun 18 th July 2010 Weekend 4: Sat 7 th – Sun 8 th August 2010 Weekend 5: Sat 28 th – Sun 29 th August 2010 |
| Manchester | Monday 1st March 2010 | Certificate in Gym Instruction Weekend 1: Sat 27 th – Sun 28 th March 2010 Weekend 2: Sat 17 th – Sun 18 th April 2010 Weekend 3: Sat 15 th – Sun 16 th May 2010 |
| | Monday 17th May 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 5 th – Sun 6 th June 2010 Weekend 2: Sat 26 th – Sun 27 th June 2010 Weekend 3: Sat 17 th – Sun 18 th July 2010 Weekend 4: Sat 14 th – Sun 15 th August 2010 Weekend 5: Sat 4 th – Sun 5 th September 2010 |
| London | Monday 29th March 2010 | Certificate in Gym Instruction Weekend 1: Sat 24 th – Sun 25 th April 2010 Weekend 2: 22 nd – Sun 23 rd May 2010 Weekend 3: 19 th – Sun 20 th June 2010 |
| | Monday 12th July 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 7 th – Sun 8 th August 2010 Weekend 2: Sat 4 th – Sun 5 th September 2010 Weekend 3: Sat 2 nd – Sun 3 rd October 2010 Weekend 4: Sat 30 th – Sun 31 st October 2010 Weekend 5: Sat 27 th – Sun 28 th November 2010 |
| Oxford | Monday 29th March 2010 | Certificate in Gym Instruction Weekend 1: Sat 24 th – Sun 25 th April 2010 Weekend 2: Sat 22 nd – Sat 23 rd May 2010 Weekend 3: Sat 19 th – Sun 20 th June 2010 |
| | Monday 21st June 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 17 th – Sun 18 th July 2010 Weekend 2: Sat 14 th – Sun 15 th August 2010 Weekend 3: Sat 11 th – Sun 12 th September 2010 Weekend 4: Sat 9 th – Sun 10 th October 2010 Weekend 5: Sat 6 th – Sun 7 th November 2010 |
| Nottingham | Monday 12th April 2010 | Certificate in Gym Instruction Weekend 1: Sat 8 th – Sun 9 th May 2010 Weekend 2: Sat 12 th – Sun 13 th June 2010 Weekend 3: Sat 10 th – Sun 11 th July 2010 |
| | Monday 12th July 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 7 th – Sun 8 th August 2010 Weekend 2: Sat 11 th – Sun 12 th September 2010 Weekend 3: Sat 9 th – Sun 10 th October 2010 Weekend 4: Sat 13 th – Sun 14 th November 2010 Weekend 5: Sat 11 th – Sun 12 th December 2010 |
| Esporta Poole TBC | Monday 12th April 2010 | Certificate in Gym Instruction Weekend 1: Sat 8 th – Sun 9 th May 2010 Weekend 2: Sat 12 th – Sun 13 th June 2010 Weekend 3: Sat 10 th – Sun 11 th July 2010 |
| | Monday 12th July 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 7 th – Sun 8 th August 2010 Weekend 2: Sat 11 th – Sun 12 th September 2010 Weekend 3: Sat 9 th – Sun 10 th October 2010 Weekend 4: Sat 13 th – Sun 14 th November 2010 Weekend 5: Sat 11 th – Sun 12 th December 2010 |
| Birmingham | Monday 4th May 2010 | Certificate in Gym Instruction Weekend 1: Sat 5 th – Sun 6 th June 2010 Weekend 2: Sat 3 rd – Sun 4 th July 2010 Weekend 3: Sat 31 st July – Sun 1 st August 2010 |
| | Monday 2nd August 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 28 th – Sun 29 th August 2010 Weekend 2: Sat 25 th – Sun 26 th September 2010 Weekend 3: Sat 23 rd – Sun 24 th October 2010 Weekend 4: Sat 20 th – Sun 21 st November 2010 Weekend 5: Sat 11 th – Sun 12 th December 2010 |

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| Cambridge | Monday 19th April 2010 | Certificate in Gym Instruction Weekend 1: Sat 15 th – Sun 16 th May 2010 Weekend 2: Sat 19 th – 20 th June 2010 Weekend 3: Sat 17 th – Sun 18 th July 2010 |
| | Monday 19th July 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 14 th – Sun 15 th August 2010 Weekend 2: Sat 18 th – Sun 19 th September 2010 Weekend 3: Sat 16 th – Sun 17 th October 2010 Weekend 4: Sat 20 th – Sun 21 st November 2010 Weekend 5: Sat 18 th – Sun 19 th December 2010 |
| Leeds | Monday 14th June 2010 | Certificate in Gym Instruction Weekend 1: Sat 10 th – Sun 11 th July 2010 Weekend 2: Sat 7 th – Sun 8 th August 2010 Weekend 3: Sat 4 th – Sun 5 th September 2010 |
| | Monday 7th September 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 2 nd – Sun 3 rd October 2010 Weekend 2: Sat 30 th – Sun 31 st October 2010 Weekend 3: Sat 27 th – Sun 28 th November 2010 Weekend 4: Sat 18 th – Sun 19 th December 2010 Weekend 4: Sat 15 th – Sun 16 th January 2011 |
| Milton Keynes | Monday 5th July 2010 | Certificate in Gym Instruction Weekend 1: Sat 31 st July – Sun 1 st August 2010 Weekend 2: Sat 28 th – Sun 29 th August 2010 Weekend 3: Sat 25 th – Sun 26 th September 2010 |
| | Monday 27th September 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 23 rd – Sun 24 th October 2010 Weekend 2: Sat 20 th – Sun 21 st November 2010 Weekend 3: Sat 18 th – Sun 19 th December 2010 Weekend 4: Sat 15 th – Sun 16 th January 2011 Weekend 4: Sat 12 th – Sun 13 th February 2011 |
| London | Monday 12th July 2010 | Certificate in Gym Instruction Weekend 1: Sat 7 th – Sun 8 th August 2010 Weekend 2: Sat 4 th – Sun 5 th September 2010 Weekend 3: Sat 9 th – Sun 10 th October 2010 |
| | Monday 8th November 2010 | Certificate in Advanced Personal Training Weekend 1: Sat 4 th – Sun 5 th December 2010 Weekend 2: Sat 15 th – Sun 16 th January 2011 Weekend 3: Sat 12 th – Sun 13 th February 2011 Weekend 4: Sat 12 th – Sun 13 th March 2011 Weekend 5: Sat 9 th – Sun 10 th April 2011 |

Please be advised:

The start date is the date that you will need to begin your home study. All the details on your home study will be provided upon enrolment in the 'Student Guidance Notes'. You will only be required to attend the venue on the workshop dates as listed above. Please note, once you have chosen your start date you will be committed to the attendance dates attached to it. Students are not permitted to mix and match across streams.

Workshops and assessments are compulsory. If you are unable to attend either of these dates whilst on the course you will be liable to a £150 administration fee in order to change to another group as per our terms and conditions. Re-booking is subject to availability.

All course information & dates within this sheet(s) are subject to change under Premier Training International's Terms and Conditions on the enrolment form.