



## Job Alert - 7 New Vacancies

30th September 2009

### This Week's Vacancies

**Job Title:** Boot Camp Trainer / Instructor

**Organisation:** Fitstreet Ladies Boot Camps

**Address:** Byfleet, Woking, Camberley, Leatherhead, Twickenham, Guildford

**Job Type:** Permanent/Contractual

**Status:** Part-time

**Salary:** Highly competitive - 50% profit share (up to £1500 + pm)

**Start Date:** Late September / Early October

#### Job Description

The right candidate will be newly qualified, with a self-starting attitude, able to work independently to motivate and inspire groups of female exercisers. You don't need to overly extrovert but a happy, upbeat character and an eagerness to help is very important.

You will be responsible for running your own Boot Camp location, and dealing with the day-to-day training and instruction. I am looking for candidates who can think on their feet, enjoy the challenge of working with groups, and who are trustworthy, outgoing and above all, reliable. Good timekeeping is essential. Camps run for 4 weeks at a time, at 2 time slots: 6.45am and 6.15/6.30pm. The right candidate will be able to run these 4 week Camps at these times, and be paid very well for their work. Full training is provided, as too are session plans and location set up. You will be a freelance Trainer, working under the Fitstreet brand.

PLEASE ONLY APPLY if you are able to start one of these Instructor roles in the next month - October 2009. I am looking to start these new Camp locations imminently.

#### Qualifications

Premier Personal Trainer Diploma

**Quote Job Reference**

FBC

**How to Apply**

Contact Name: Simon Dainton

Email: [simon@fitstreet.co.uk](mailto:simon@fitstreet.co.uk)

Phone: 07971 051644

**Additional Info**

A full driving licence and a clear voice!

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**Job Title:** Indoor Cycling Instructor

**Organisation:** Verwood Leisure Centre

**Address:** Chilterne Drive Verwood Dorset

**Salary:** To be arranged

**Start Date:** ASAP

**Job Description**

To instruct 2 spin classes weekly on a Tuesday evening 6.10-6.40pm and 6.45-7.15pm.

**Qualifications**

Spinning

**How to Apply**

Contact Name: Carly Howard

Email: [carly.howard@verwoodleisure.co.uk](mailto:carly.howard@verwoodleisure.co.uk)

Phone: 01202 821007

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**Job Title:** Personal Trainer

**Organisation:** Pirate Fitness

**Address:** Unit 32, Bridge Street Mill, Witney, Oxon OX28 1YH

**Status:** Part-time

**Start Date:** ASAP

**Job Description**

Pirate Fitness are looking for a team of 3 motivated personal trainers to work in this private club. The right candidates will be able to promote themselves within the gym and offer personal training to a high standard to members.

**Qualifications**

Level 3

**How to Apply**

Contact Name: Natalie Tighe

Email: [natalie@piratefitness.co.uk](mailto:natalie@piratefitness.co.uk)

Phone: 01993 705533

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**Job Title:** Gym Instructor

**Organisation:** Pirate Fitness

**Address:** Unit 32, Bridge Street Mill, Witney, Oxon OX28 1YH

**Job Type:** Permanent

**Status:** Part-time

**Salary:** Depending on experience

**Start Date:** ASAP

**Job Description**

To provide fitness instruction and to ensure safe practice and working environment within the gym.

**Qualifications**

Min Level 2 Gym

**How to Apply**

Contact Name: Peter Long

Email: [pete@piratefitness.co.uk](mailto:pete@piratefitness.co.uk)

Phone: 01993 705533

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**Job Title:** Personal Trainer

**Organisation:** Grays Health & Fitness

**Address:** 47 St Johns Wood High Street, London, NW8 7NJ

**Job Type:** Permanent

**Salary:** £20/hour

**Start Date:** ASAP

**Job Description**

Personal trainer.

**Qualifications**

Level 3 in personal training.

**How to Apply**

Contact Name: Johanne Lewis

Email: [info@graysfitness.co.uk](mailto:info@graysfitness.co.uk)

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**Job Title:** Personal Trainer

**Organisation:** Jubilee Hall Clubs

**Address:** The Armoury Health Club, 25 Pond Street, Hampstead, London NW3 2PN

**Job Type:** Contractual

**Start Date:** 1/11/2009

**How to Apply**

Contact Name: Mukhtar Mukhtar

Email: [hampstead@jubileehallclubs.co.uk](mailto:hampstead@jubileehallclubs.co.uk)

Phone: 020 7431 2263

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**Job Title:** Self Employed Personal Trainers

**Organisation:** Nuffield Health - National Vacancies, please see list below

**Salary:** £25,500 - £36,500

**Start Date:** ASAP

**Job Description**

Nuffield Health Fitness and Wellbeing offers an innovative and joined-up approach to health that's transforming the industry. Through a comprehensive range of facilities and services that you wouldn't usually find in a health club, Nuffield Health Fitness & Wellbeing Centre's inspire our clients to become more energised and happy in their daily lives. Growth in our expert Personal Training teams is a key part of this transformation. For you that

means an exciting career move with the opportunity to enhance your skills in a progressive environment and integrate with other parts of our business.

You'll spend time in one of our centre's to raise your profile, build your professional reputation and promote our service offering, engaging members with the support of the sales team. At the end of a three month start up period, we'd expect your workload to be at least 30 hours each week, ultimately aiming for a maximum of 48 hours.

You will be rewarded with a good percentage of the session fee, so you won't have to pay a fixed license fee to use the centre. Since you won't be doing gym shifts, you'll have total control of your clients and working patterns. Our health assessments, studio classes and physiotherapy sessions will provide great sources of prospects.

In addition to competitive pay, we provide training and development opportunities to progress your career and maintain our high standards of delivery. We will apply to the Criminal Records Bureau for disclosure on successful candidates. You'll need to complete a practical assessment as part of the recruitment process.

### **Qualifications**

We're looking for individuals with REP's Level 3 (ideally with a qualification unit in personal training) and experience of achieving targets and KPIs. We're particularly keen to work with Personal Trainers with additional qualifications in pre and post natal exercise, exercise and older adults, sports conditioning, or have entry qualifications for Reps Level 4. As a natural extrovert, you can quickly build rapport with colleagues and clients. You're motivated to develop your own business and passionate about delivering the best possible level of service. You must have professional indemnity and public liability insurance.

### **How to Apply**

Contact Name: Stacey Carter

Email: [careers@nuffieldhealth.com](mailto:careers@nuffieldhealth.com)

### **Additional Info**

Please forward a copy of your CV with details of which location you wish to apply for to

[careers@nuffieldhealth.com](mailto:careers@nuffieldhealth.com)

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### **FEATURED EMPLOYER**

**Job Title:** Freelance Personal Trainer

**Organisation:** Fitness First

**Address:** Nationwide

The logo for Fitness First, featuring the words "Fitness First" in a stylized, blue, cursive font.

**Job Type:** Permanent

**Salary:** Self Employed

**Start Date:** Immediate

### **Responsibilities & Description**

Fitness First is the largest and fastest growing health club chain in the world, with over 1.6 million members in 17 countries across the globe. A life-changing experience.

Listening. That's the most important exercise if you want to be a Fitness First Personal Trainer. Before you can give someone a goal, you need to know what it is they want to achieve. It could be getting back onto their feet after an illness, improving at their sport or just getting into shape. It's different for everyone, which is why we prize the ability to listen above all else. So you'll need to be friendly and approachable, someone who can inspire and help individuals every step of the way, wherever it is they want to go. Our Personal Trainers are self employed so manage their own time and business needs, which means as individuals you will be highly self motivated and possess first class communication skills. If you've got an NVQ level III in fitness instruction and have what it takes to improve people's lives, then join us and start improving yours. Fitness First will give you all the support and guidance you need to ensure your business is a huge success. or more information on working as a Personal Trainer with fitness first visit our careers pages at [www.fitnessfirst.co.uk](http://www.fitnessfirst.co.uk)

### **Qualifications & Experience**

NVQ level 3 or similar in gym instruction.

### **Quote Job Reference**

PremierPT

### **How to Apply**

Contact name: Daniel Selmon

Email: [danielsenmon@fitnessfirst.com](mailto:danielsenmon@fitnessfirst.com)

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### **FEATURED EMPLOYER**

**Job Title:** Fitness Instructor

**Organisation:** British Military Fitness

**Address:** 2a Kempson Road, London, SW6 4PU

**Status:** Part-time

**Salary:** From £21.42 to £29.58 per class depending on location. Other training and loyalty bonuses will apply



after certain conditions.

**Start Date:** Vacancies constantly available nationwide.

### **Responsibilities & Description**

To take military style fitness classes in parks across the country for members of the public.

### **Qualifications & Experience**

Must have former military experience, first aid and fitness instructor qualified or equivalent.

### **Quote Job Reference**

PG 050

### **How to Apply**

Contact name: Kevin Lomas

Email: [kevin@britmilfit.com](mailto:kevin@britmilfit.com)

Post: 2a Kempson road, London, SW6 4PU

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**LAST WEEK'S VACANCIES** are located in the Premier People Career Centre/Job Centre as a pdf document under Resources.

SPlease [click here](#) to log in to Premier People.