

Diploma in Nutritional Therapy – Year 1 – 15.1

| Integrated Systems Approach* | Clinical Practice | Business Skills |
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| <p>Manual 1 – Supported by DVD-ROM</p> <ul style="list-style-type: none"> • Digestive System <ul style="list-style-type: none"> o Anatomy and Function o Sub-clinical Dysfunction o Pathology & Pharmacology o Nutritional Support o Lifestyle & Exercise Solutions • Hepatic System <ul style="list-style-type: none"> o Structure as above • Urinary System <ul style="list-style-type: none"> o Structure as above | <p>DVD 1 - Clinical Practice</p> <ul style="list-style-type: none"> • Introduction to Consultation Skills + Nutritional Assessment Questionnaire <ul style="list-style-type: none"> o Questions + 30 min demo o Explanations + 10 min demo o Recommendations + 20 min demo o Case Study + Completed Nutritional Assessment Questionnaire <p>Weekend 1 Live Workshop</p> <ul style="list-style-type: none"> • Consultation Techniques 1: Introduction to the consultation structure and an opportunity to practice. | <p>CD 1 - Successful Private Practice</p> <ul style="list-style-type: none"> • The Sad Truth and the Golden Opportunity <ul style="list-style-type: none"> o Facing the challenges of setting up in business, overcoming barriers and succeeding. • Lessons from Wobbly Foundations <ul style="list-style-type: none"> o Laying stable business foundations and making the right choices |
| <p>Manual 2 – Supported by DVD-ROM</p> <ul style="list-style-type: none"> • Immune System <ul style="list-style-type: none"> o Structure as above • Endocrine System <ul style="list-style-type: none"> o Structure as above • Nervous System <ul style="list-style-type: none"> o Structure as above | <p>DVD 2 – Clinical Practice</p> <ul style="list-style-type: none"> • Consultation + Nutritional Assessment Questionnaire <p>Weekend 2 Live Workshop</p> <ul style="list-style-type: none"> • Consultation Techniques 2: Full Consultation + Follow Up Consultation Preparation | <p>CD 2 – Successful Private Practice</p> <ul style="list-style-type: none"> • The Most Important Person to Know <ul style="list-style-type: none"> o ...is yourself. Understanding how you can influence your own success. 6 steps for change. • Ripples in Quantum Soup <ul style="list-style-type: none"> o The influence of the way we think and 'are' upon people around us. |
| <p>Manual 3 – Supported by DVD-ROM</p> <ul style="list-style-type: none"> • Cardiovascular System <ul style="list-style-type: none"> o Structure as above • Respiratory System <ul style="list-style-type: none"> o Structure as above <p><small>* including Nutritional Biochemistry pre-learning</small></p> | <p>DVD 3 – Clinical Practice</p> <ul style="list-style-type: none"> • Consultation + Nutritional Assessment Questionnaire <p>Weekend 3 Live Workshop</p> <ul style="list-style-type: none"> • Follow Up Consultation + GP referral processes workshop | <p>CD 3 – Successful Private Practice</p> <ul style="list-style-type: none"> • A Compelling Future <ul style="list-style-type: none"> o Developing the vision and designing your ideal practice • The Vital Shift <ul style="list-style-type: none"> o The difference between a want and a need. 4 areas we must master to make the vital shift. |

